Bike #s:

Please read, sign below and return to your guide. You cannot participate in a PortCity Bike Tours, LLC. event without a signed Waiver, Release, and Consent.



I hereby release and discharge PortCity Bike Tours, LLC. and any associated organization (including but not limited to Portsmouth Historical Society, Discover Portsmouth, John Paul Jones House, school districts, municipalities, churches, clubs, restaurants, sponsors, volunteers, and any employee or associates thereof) their heirs, administrators, agents and employees, from any and all liability, causes of action, suits, debts, contracts, agreements, claims and demands whatsoever as a result of my participation in an PortCity Bike Tours, LLC., event. I agree to reimburse PortCity Bike Tours, LLC. at retail price set by PortCity Bike Tours, LLC., for any PortCity Bike Tours, LLC., property of which I took possession, including but not limited to bicycles, locks, helmets, and water bottles, and of which PortCity Bike Tours, LLC. does not regain possession, whether misplaced, lost, damaged, or stolen.

I understand that accidents, fatalities, serious bodily injuries and/or property damage can occur while participating in a PortCity Bike Tours, LLC. Event, while riding a bicycle on public roads or otherwise participating in said event. Knowing the risks involved, I agree to assume those risks and to release all of the persons or entities mentioned above from liability for any injury, death, illness or property damage occurring while participating in these events or in the travel to and from them. Initials

I attest that I am physically fit and have sufficiently prepared for the completion of the PortCity Bike Tours, LLC., event(s) for which I am registered. I also agree to wear the ANSI, CPSC or SNELL approved bicycle helmet provided to me at all times when riding a bicycle during this event. I agree to have adequate medical insurance coverage for the duration of the entered PortCity Bike Tours, LLC., event(s). I attest that I will abide by the rules and regulations of these events and all applicable state, local and municipal laws, including vehicle laws. I understand PortCity Bike Tours, LLC., reserves the right to remove participants unwilling to ride in a safe manner or displaying unacceptable behavior and to change or cancel events. (Full refunds will be given for events canceled by PortCity Bike Tours, LLC.) I further understand that I will not be reimbursed for airline, hotel, or any other incidental fees due to change in itinerary or event cancellation or compensated for the theft of any personal gear, including bicycle. Initials_______

I give permission to PortCity Bike Tours, LLC to use my first name and likeness in any photographs, motion pictures, recordings, evaluations or any other record of my participation in PortCity Bike Tours, LLC., event(s) for any promotional purposes, without obligation or liability to me. I have read and understand the above information, all PortCity Bike Tours, LLC. policies and I certify my compliance by my initials and signature. I agree that this complete Waiver, Release and Consent is binding on my heirs, proxies, representatives and assigns. Initials______

Signature:	Email:
Name (print):	Date:/

Minors: If you are under 18 years old, the following must be signed by your parent or guardian: I, being the parent or legal guardian of the above entrant, who is under the age of eighteen (18) years, having read and understood this complete waiver, do hereby consent that the above mentioned entrant may participate in any PortCity Bike Tours, LLC. event. I do hereby adopt entirely the above-recited "Waiver, Release and Consent." **Initials**

Minor's Name (print):		Office Only:	Relationship to minor	' listed
above:	Guardian's Signature:			

PortCity Bike Tours Riding Safety Check List

- 1. Obey all Rules of the Road and all local New Hampshire traffic and bicycle laws.
- 2. Please, **Do Not use a cell phone**. If there is an emergency call, say you are going to stop and we will all stop and wait for you.
- You are sharing the road or the path with others motorists, pedestrians and other cyclist, respect their rights, ride single file.
- 4. If you need to stop, please say that you are stopping so those around you will also, stop. Ride defensively. Always assume that others do not see you.
 - · Look ahead, and be ready to avoid:
 - Vehicles slowing or turning, entering the road or your lane ahead of you, or coming up behind you.
 - Parked car doors opening.
 - Pedestrians stepping out.
 - Children or pets playing near the road.
 - Pot holes, sewer grating, railroad tracks, expansion joints, road or sidewalk construction, debris and other
 obstructions that could cause you to swerve into traffic, catch your wheel or cause you to have an accident.
 - The many other hazards and distractions which can occur on a bicycle ride.
- 5. Ride in designated bike lanes, on designated bike paths or as close to the edge of the road as possible, in the direction of traffic flow or as directed by **NH Bicycle governing laws.**
- 6. Stop at stop signs and traffic lights; slow down and look both ways at street intersections. Remember that a bicycle always loses in a collision with a motor vehicle, so be prepared to yield even if you have the right of way.
- 7. Use approved hand signals for turning (right or left hand extended) and stopping (raising hand up).
- 8. Never ride with headphones. They mask traffic sounds and emergency vehicle sirens, distract you from concentrating on what's going on around you, and their wires can tangle in the moving parts of the bicycle, causing you to lose control.
- 9. Never carry a passenger, unless it is a small child wearing an approved helmet and secured in a correctly mounted child carrier or a child- carrying trailer.
- 10. Never carry anything which obstructs your vision or your complete control of the bicycle, or which could become entangled in the moving parts of the bicycle.
- 11. Never hitch a ride by holding on to another vehicle.
- 12. Don't do stunts, wheelies or jumps. If you intend to do stunts, wheelies, jumps or go racing with your bike despite our advice not to
- 13. Don't weave through traffic or make any moves that may surprise people with whom you are sharing the road.
- 14. Observe and yield the right of way.
- 15. Never ride your bicycle while under the influence of alcohol or drugs. We will stop the tour if there is a safety issue.
- 16. If possible, avoid riding in bad weather, when visibility is obscured, at dawn, dusk or in the dark, or when extremely tired.

* Each of these conditions increases the risk of accident		
Please Sign Here. I	_ acknowledge the	rules set forth for PortCity
Bike Tours ride safe guidelines, NH Traffic and Bicycle	Laws of the road.	Parent or Guardian Please
Sign for Minor under 18 years old.		